

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2024

(O) Oak Lane
(G) Groves
(V) Veranda
(L) Lobby
(AF) All Floors
(MC) Memory Care
(DR) 1st Floor Dining Room
(Calendar is Subject to Change)

				9:30 Olympic Warm up (L) 1 10:00 Checkers (G) 11:00 Bean Bag Toss (G) 2:00 Ice Cream Sundae making (O) 3:00 Roving Sundae cart Parkside Olympics!	9:30 Olympic Warm Up 2 (L) 10:00 Jenga (G) 11:00 Dear Abby (G) 2:00 Wii Sports (L) 3:00 Happy Hour (O) Parkside Olympics!	9:30 Morning Movement 3 (L) 10:00 Horoscopes (G) 11:00 Current Events (G) 2:00 Bingo! (O) 3:00 Uno (O)
9:30 Wake up and move 4 (L) 10:00 Trivia(G) 11:00 Dear Abby (G) 2:00 Pet Therapy (AF) 3:00 You be the Judge (P)	9:30 Morning Motion (L) 5 10:00 Various Board Games (G) 11:00 Sing Fit (G) 2:00 Wine and Cheese (G) 3:00 Jenga (O)	9:30 Gentle Exercises (L) 6 10:00 Body Massages with Brenda (G) 2:00 Art & Crafts-Stepping Stones (O) 3:00 Brain Busters (AF)	9:30 Chair Leg Exercise(L) 7 10:00 Current Events (G) 11:00 Daily Horoscopes (G) 2:00 Spa Day - Nails (G) 3:00 One to One Visit (AF)	9:30 Move and Groove 8 with Keli (L) 10:00 Various Board Games (G) 11:00 You be The Judge 2:00 Happy Hour with Barry Graham (O) 3:00 Reminiscing (G)	9:30 Sit to Stand 9 Exercises (L) 10:00 Bean Bag Toss (G) 11:00 UNO 2:00 Baking at Parkside (O) 3:00 Let's try What we made (O)	9:30 Range of Motion (L) 10 10:00 Jenga (G) 11:00 This and That Trivia (O) 2:00 Bingo! (O) 3:00 Resident Choice of Games (G)
9:30Morning Stretch (L) 11 10:00 Daily Horoscopes (O) 11:00 Left Right Center (L) 2:00 Pet Therapy (AF) 3:00 Bowling (G)	9:30 Heals and Wheels 12 (L) 10:00 Current Events (G) 11:00 Travel Log- Ireland (G) 2:00 Wine and Cheese (G) 3:00 Sing Fit (G)	9:30 Sit to stand Exercise (L) 13 10:00 Dear Abby (G) 11:00 Finish the Phrase (G) 2:30 A Lei'd Back Luai with Regina! (MC)	9:30 Morning Movement (L) 14 10:00 Daily Horoscopes 11:00 Bowling (G) 12:30 Luncheon (DR) 2:00 Spa Day- Nails (G) 3:00 One to One Visits AF	9:30 Range of Motion (L) 15 10:00 Current Events (G) 11:00 Bingo! (G) 2:00 Ice Cream Sundae Making (O) 3:00 Roving Sundae Cart (AF)	9:30 Chair Leg Exercise (L) 16 10:00 This and That Trivia (G) 11:00 Table Tennis (G) 2:00 Happy Hour with Dave Daviski (O) 3:00 One to One Visit (AF)	9:30 Morning Movement (L) 17 10:00 Connect Four (G) 11:00 Sing Fit (G) 2:00 Bingo! (O) 3:00 Checkers (L)
9:30 Chair Leg Exercise (L) 18 10:00 Residents Choice Board Games (G) 11:00 This and That Trivia (G) 2:00 Peth Therapy (AF) 3:00 Bowling (G)	9:30 Move and Groove 19 with Keli (L) 10:00 Name that Tune (G) 11:00 Reminiscing (G) 2:00 Wine and Cheese (G) 3:00 Cornhole (O)	9:30 Range of motion (L) 20 10:00 You be the Judge (G) 11:00 Trivia (G) 3:00 Birthday Party with Regina (MC)	9:30 Heals and Wheels 21 (L) 10:00 Jeopardy (G) 11:00 Bingo! (G) 2:00 Spa Day- Nails (G) 3:00 one to One Visits (AF)	9:30 Sit to Stand Exercise (L) 22 10:00 Current Events (G) 11:00 Sing Fit (G) 2:00 Baking at Parkside (O) 3:00 Let's try what we made (O)	9:30 Morning Movement (L) 23 10:00 Ladder Ball (G) 11:00 This and That Trivia (G) 2:00 Karaoke (L) 3:00 Happy Hour (O)	9:30 Chair Leg Exercises (L) 24 10:00 Connect Four (G) 11:00 Current Events (G) 2:00 Bingo! (O) 3:00 Jenga (O)
9:30 Heals and Wheels 25 (L) 10:00 Trivia (G) 11:00 Jenga(G) 2:00 Pet Therapy (AF) 3:00 Bowling (G)	9:30 Gentle seated Yoga (L) 26 10:00 Current Events (G) 11:00 Horoscopes (G) 2:00 Wine and Cheese (G) 3:00 Connect Four (O)	9:30 Morning Stretch (L) 27 10:00 Corn Hole (G) 11:00 Brain Busters (G) 2:00 Barn Yard Pet Therapy (V) 3:00 Reminiscing (O)	9:30 Chair Leg Exercises (L) 28 10:00 Residents Choice Board Games (G) 2:00 Spa Day-Nails (G) 3:00 One to One Visit (AF)	9:30 Move and Groove 29 with Keli (L) 10:00 Washer Toss (G) 11:00 Travel Log- Japan G 2:00 Ice Cream Sundae Making (O) 3:00 Roving Treat Cart (AF)	9:30 Range of Motion (L) 30 10:00 Jenga (G) 11:00 Bingo! (G) 2:00 Wii Bowling (L) 3:00 Happy Hour! (O)	9:30 Heals and Wheels 31 (L) 10:00 Dear Abby (G) 11:00 Residents Choice Board Games (G) 2:00 Bingo! (O) 3:00 Jenga (L)