

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

(L) Lobby  
(G) Groves  
(O) Oak Lane  
(AF) All floors  
  
(MC) Memory Care

# November 2024

<p>(L) Lobby (G) Groves (O) Oak Lane (AF) All floors  (MC) Memory Care</p>					<p>9:30 Sit to Stand Exercise (L) 1 10:00 Current Events (G) 11:00 Brain Teasers (G) 2:00 Happy Hour with David Daviski (O) 3:00 Karaoke (O)</p>	<p>9:30 Let's get up and Move (L) 2 10:00 Jenga (G) 11:00 Horoscopes (G) 1:00 One to One visit (AF) 2:00 Painting (G) 3:00 You be the Judge (O)</p>
<p>9:30 Chair Yoga (L) 3 10:00 Finish the Phrase (G) 11:00 Horoscopes (G) 11:00 Pet Therapy (AF) 1:00 One to One Visit (AF) 2:00 Karaoke (L) 3:00 Bowling (G)  Daylight Saving Time Ends</p>	<p>9:30 Heals and Wheels (L) 4 10:00 Word Games (G) 11:00 Bingo! 2:00 Wine with Cheese and Crackers (G) 3:00 Name that Tune (G)</p>	<p>9:30 Morning Stretch (L) 5 10:00 Ladder Ball (G) 11:00 Multiple Choice Trivia (G) 2:00 Holiday Wreath Making (G) 3:00 Reminiscing (O)</p>	<p>9:30 Fun and Fitness (L) 6 10:00 Noodle Ball (G) 11:00 Travel Log - Japan (G) 2:00 Spa Day- Nails (G) 3:00 Roving Creamsicle Float Cart (G)</p>	<p>9:30 Range of Motion (L) 7 10:00 Bean Bag Toss (G) 11:00 Trivia (G) 2:00 Baking at Parkside with Keli (O) 3:00 Let's try what we made (O)</p>	<p>9:30 Let's get up and Move (L) 8 10:00 Dear Abby (G) 11:00 Chicken Soup for the Soul Stories (G) 2:00 Happy Hour (O) 3:00 Uno (O)</p>	<p>9:30 Sit to Stand Exercises (L) 9 10:00 Bowling (O) 11:00 Finish the Phrase (G) 1:00 One to One Visit (AF) 2:00 Crafters Corner (G) 3:00 Brain Busters (G)</p>
<p>9:30 Morning Movement (L) 10 10:00 Dear Abby 11:00 Noodle Ball (G) 11:00 Pet Therapy (AF) 1:00 One to One visit (AF) 2:00 Wine with Cheese and crackers Barry Graham (O)</p>	<p>9:30 Let's Exercise (L) 11 10:00 Current Events (G) 11:00 Bingo! (G) 2:00 Holiday Wreath Making (O) 3:00 Roving Root Beer Float Cart (AF)  Veterans Day Remembrance Day (Canada)</p>	<p>9:30 Move and Groove with Keli (L) 12 10:00 Horoscopes (G) 11:00 Bowling (G) 2:30 Happy Hour with Regina (MC) 3:00 Board Games (O)</p>	<p>9:30 Range of Motion (L) 13 10:00 You be the Judge (G) 11:00 Washer Toss (G) 2:00 Spa Day -Nails (G) 3:00 Group Matching Game (AF)</p>	<p>9:30 Heals and Wheels (L) 14 10:00 Trivia (G) 11:00 Group Matching Game (G) 2:00 Ice cream Social (O) 3:00 Everyone makes an Ice Sundae (AF)</p>	<p>9:30 Fun and Fitness (L) 15 10:00 Reminiscing (G) 11:00 Jeopardy (O) 2:00 Happy Hour with Keli (O) 3:00 Residents read a Short Story (O)</p>	<p>9:30 Sit to Stand Exercises (L) 16 10:00 Name that Tune (G) 11:00 Ladder Ball (G) 1:00 One to One Visit (AF) 2:00 Bowling (G) 3:00 Residents Choice of Games (G)</p>
<p>9:30 Let's get up and move (L) 17 10:00 You be the Judge (G) 11:00 Chicken Soup for the Soul Reading (G) 11:00 Pet Therapy (AF) 1:00 One to One visit (AF) 2:00 Crafters Corner (G) 3:00 Reminiscing (G)</p>	<p>9:30 Chair Leg Exercise (L) 18 10:00 Current Events (G) 11:00 Ladder Ball (G) 2:00 Wine with Cheese and Crackers (G) 3:00 Finish the Phrase (G)</p>	<p>9:30 Morning Movement (L) 19 10:00 Daily Horoscopes (G) 11:00 Bingo! (G) 2:30 Monthly Birthday Party (MC) 3:00 One to One visit (AF)</p>	<p>9:30 Morning Stretch (L) 20 10:00 Dear Abby (G) 11:00 Bowling (G) 2:30 <b>New Resident Family Meeting</b> (G) 3:00 Roving Root Beer Float Cart (AF)</p>	<p>9:30 Let's Move and Groove with Keli (L) 21 10:00 Finish the Phrase (G) 11:00 Bean Bag Toss (G) 2:00 Baking at Parkside with Keli (O) 3:00 Let's try what we made (O)</p>	<p>9:30 Sit to Stand Exercise (L) 22 10:00 Trivia (G) 11:00 Washer Toss (G) 2:00 Happy Hour (O) 3:00 Let's Karaoke (O)</p>	<p>9:30 Fun and Fitness (L) 23 10:00 Current Events (G) 11:00 Bowling (G) 1:00 One to One Visit (AF) 2:00 Noodle Ball (G) 3:00 What's in a Word? (G)</p>
<p>9:30 Range of Motion (L) 24 10:00 Complete the Phrase (G) 11:00 Pet Therapy (AF) 11:00 Jenga (G) 1:00 One to One Visit (AF) 2:00 You be The Judge (O) 3:00 Tongue Twisters (O)</p>	<p>9:30 Heals and Wheels (L) 25 10:00 Chicken Soup for the Soul Reading (G) 11:00 Bingo (G) 2:00 Wine with Cheese and Crackers (G) 3:00 Reminiscing (O)</p>	<p>9:30 Chair Yoga (L) 26 10:00 Dear Abby (G) 11:00 Hang Man (G) 2:00 Ice Cream Sundae Making (O) 3:00 Everyone makes an Ice cream Sundae (AF)</p>	<p>9:30 Let's Exercise (L) 27 10:00 What are we Thankful for? 11:00 This Day in History (G) 2:00 Spa Day- Nails (G) 3:00 Brain Busters (G)</p>	<p>8:30 Macy's Day Thanksgiving Parade (AF) 28 2:00 Thanksgiving Day Bingo (AF) 6:00 The Wizard of Oz (AF)  Thanksgiving Day</p>	<p>9:30 Let's Work off that Turkey Exercise (L) 29 10:00 Reminiscing (G) 11:00 Jeopardy (G) 2:00 Happy Hour with Dave Daviski! (O) 3:00 Brain Teasers (O)</p>	<p>9:30 Morning Movement (L) 30 10:00 Trivia (G) 11:00 Bowling (G) 1:00 One to One Visit (AF) 2:00 Roving Treat Cart (AF) 3:00 You be the Judge (P)</p>